

Camp Long Environmental Learning Center



Winter 2003

*Nature programs, hikes, outdoor recreation,
special events and stewardship activities.*

Experience all that Camp Long has to offer! Thinking of hosting a party, special event or meeting? Lodge, shelter and cabin rentals are available.

Registration starts January 7th. Visit us online at www.camplong.org

Camp Long Environmental Learning Center
5200 35th Avenue SW
Seattle, WA 98126
206 684-7434



CAMP LONG ENVIRONMENTAL LEARNING CENTER

HOURS OF OPERATION

10:00 AM – 6:00 PM

Tuesdays—Saturdays

206 684-7434

SEATTLE DEPARTMENT OF PARKS & RECREATION ADMINISTRATION

Ken Bounds, Superintendent

Herbye White, Director, Recreation Support Division

Charles Sablan, Manager, Environmental Learning Centers

CAMP LONG STAFF

Pam Banks, Education Programs Supervisor (Interim)

Jacinta Talamaivao, Administrative Support Assistant

Amanuel Hailom, Maintenance Laborer

Sherry Mathers, Jeanie Murphy-Ouellette, Linda Marsh,

Rebecca Schroeder; Staff Naturalists

Sheryl Shapiro, Watershed Educator

CAMP LONG'S FABULOUS FACILITIES

- 10 rustic cabins available for rent
- Lovely main lodge available to rent for meetings, parties, weddings, special occasions.
- Hiking Trails
- Rock Glacier
- Schurman Rock (closed)
- Picnic Shelters

DIRECTIONS TO CAMP LONG

Camp Long is located at 5200 35th Avenue SW, just across the bridge in West Seattle. Easy to reach from anywhere in Seattle by bus route #21.

By car from I-5 take exit 163 – Spokane Street/ West Seattle Bridge Exit.

From Highway 99 Southbound, take West Settle Bridge exit.

Follow the West Seattle Bridge to the end (Fauntleroy exit) and turn left (south) onto 35th SW. Continue south about 2/3 of a mile up the hill and turn left (east) on Dawson Street. (Watch for a brown Camp Long sign on the west side of the 35th Avenue SW). Look for the Parks Department "rainbow" Camp Long sign on Dawson & 35th.



A Note About Programs at Camp Long

Programs are a collaborative effort of Seattle Parks and Recreation, Seattle Public Utilities and the Camp Long Advisory Council. Registration fees are used to partially offset the cost of these programs. Class and program fees in this brochure include sales tax as applicable by state law. As a matter of policy, law and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, ancestry, national origin, or presence of any sensory, mental or physical disability (Seattle Municipal Code 18.12.180).

Refund Policy: It is the policy of Camp Long to make a full refund to participants if we cancel a program. If a participant cancels one week or more prior to the class, the greater of a 10% or \$5.00 administrative fee will be charged. No refunds are given for cancellations within one week of the class start date.

Registration: Payment for classes, or reservation fees must be made at the time of registration. We accept registration by phone, U.S. Mail or drop-in. Payments can be in the form of cash, check or major credit card.

Checks should be made payable to: **Camp Long Advisory Council**. List the name of the class on your check or use the attached registration form. For registration questions contact us at 684-7434.



What's Inside:



Operating Hours, staff.....pg. 2	Naturalist Strolls.....pg. 10
Facility Rentals.....pg. 3	Wild Washington Field Trips.....pg. 11
Rain Festival presentations.....pg. 4	Night Parties, Birthday Parties.....pg. 12
Special Events.....pg. 5	Monthly Programs at a glance.....pg. 13
Weekend Naturalist Series.....pg. 6	Volunteer Opportunities.....pgs. 14, 15
Art & Science.....pg. 7	Registration Forms & Info.....pg. 16
School & Group Programs.....pgs 8, 9	



Camp Long Facility Rental & Reservation Information

Camp Long Main Lodge: A fantastic place to host a party, meeting, workshop or special event. The lodge features a brick fireplace, tall ceiling and has a maximum capacity of 72 people. Twelve 6 foot-long banquet tables and 72 chairs included in rental costs.

Fees: \$45/hr + \$10 booking fee for private events. Add \$15/hr for rentals held after facility is closed. Add \$60 if serving alcohol. Refundable damage deposit of \$250 (or \$500 with alcohol) required.

Payment of fees and deposit required at time of reservation to hold the reservation.

*Ask about lower rates for community sponsored events.

Cabin and Shelter Rentals: Camp Long features 10 rustic outdoor cabins that sleep up to 12 people. We also offer two separate covered shelter areas with picnic tables that are perfect for group events. Reservations for private functions can be made, or ask about special programs offered by Camp Long Naturalists that include overnight cabin use.

Cabin Fees: \$35/night per cabin. \$50 refundable damage deposit required.

Shelter Fees: East shelter with 7 tables \$90/day. West shelter with 5 tables \$70/day.

Rules: Please check with staff on specific rules for cabin/shelter use. Groups are responsible for cleaning up all areas used. No pets or electric heaters allowed.

Payment of fees and deposit required at time of reservation to hold the reservation.

Weddings and Special Events: Check out Camp Long for indoor or combined indoor/outdoor parties, receptions and events. Fees start at \$400 for up to 7 hours of use. Call the Environmental Learning Center at 684-7434 to receive a special brochure and/or information.





SEATTLE RAIN FESTIVAL SERIES

Fascinating Talks, Live Music & Delicious Dinners

Rain got you down? Come to Camp Long's cozy Lodge for dessert, hot drinks and food for thought. Nestle by the fire with friends & enjoy an evening of nature, story and song. ***Please register in advance for each Friday night's activities.***

Time: 7:00-9:00pm

Fee: \$8/adult \$3/kids

Fireside Ethnobotany

FRIDAY JANUARY 17



Pacific Northwest tribes used native plants for myriad uses. Learn some of them as we make nettle rope beside a fire dreaming of longhouses of not so long ago.

Orcas of Puget Sound

FRIDAY JANUARY 24



Dive into the fascinating world of Orca natural history with whale biologist Mark Sears. Learn how to recognize local pod members, find out where they go, what they do and their plight in Puget Sound.

Songs of Nature

FRIDAY JANUARY 31



Join in song with singer/naturalist Jeanie Murphy-Ouellette in a fun, educational evening of song and natural history.

Bird Calling Contest

FRIDAY FEBRUARY 28



Can you hoot like an owl, cry like a loon, scream like a Red-tailed Hawk or squawk like a ptarmigan? If not, then start practicing! You can get bird recordings at the library or on-line, listen to them, pick your favorite sound and start imitating it! Bring along a recording of the bird you're imitating. Prizes for 3 best vocalists.



SPECIAL EVENTS

Full Moon Beach Walk

Saturday January 18

Bundle up and experience the wild winter beach by moonlight!

Moonbeams bouncing off cresting waves, twinkling bioluminescence in the sand, and perhaps the soft pooffs of exhaling Orcas offshore. Bring a cup and we'll bring the hot cocoa and a lantern to hunt for squid.

Meet at Camp Long.

Time: 9:30pm—11:30 pm

Fee: \$3/person

Registration deadline Jan. 17



Groundhog Tea Party

Sunday February 2

Groundhogs are the only rodent with their very own holiday! Enjoy groundhog lore, natural history tidbits, and munch on sweet treats as we drink a toast to woodchucks, marmots and whistlepigs! All ages welcome.

Time: 7:00-8:30pm

Fee \$5/adult, \$3/child under 10

Registration deadline Jan. 31



OLD FASHIONED MAPLE SUGAR DINNER

Friday February 21

New England isn't the only place to make maple syrup—we can do it right here in Seattle! After a tasty supper, flavored by pure maple, learn the secrets of maple magic. Fortified by our meal, venture into the moonlit woods by lantern light for first-hand experience at tapping the sugarbush. Overnight guests may take their turn tending the evaporator in the “sugar shack”. **Registration deadline Feb. 14.**

Time: 6:00-9:00 pm

Fees: for dinner & program \$10/adult, \$5/child

Fees: for dinner, program **plus** overnight
\$20/adult, \$10/child



WEEKEND NATURALIST SERIES

WINTER TWIGS

SATURDAY JANUARY 18

Stumped by trees in winter?

Go out on a limb! Branch out!

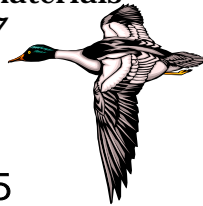
Learn how to recognize deciduous shrubs & trees in their winter garb.

Bare botany is fun- examine buds, scales, leaf scars and other clues revealing the naked truth about winter twigs.

Time: 2:00-3:30pm

Fee: \$3/person, includes materials

Registration deadline Jan. 17



PARK WATER BIRDS

Saturday, January 25

Duck, duck, goose . . .but is it a buffhead, goldeneye or brant? Walk along the lake-shore watching the rich variety of water-birds wintering on Lake Washington.

Meet at Lakewood Moorage.

Time: 2:00 - 3:30pm

Fee: \$4/person, binoculars available

Registration deadline Jan. 24

CHINESE GARDEN HIKE

SATURDAY FEBRUARY 1

Celebrate Chinese New Year by visiting the garden with a commanding view of Seattle.

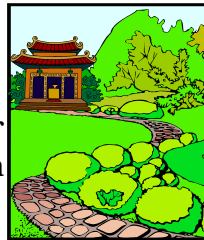
Learn about Chinese herbal medicinal plants, and explore near-by natural areas for goldfinches, quail, hawks and napping coyotes.

Meet at Camp Long

Time: 2:00-3:30pm

Fee: \$3/person

Registration deadline Jan. 31



TRACKING-

READING ANIMAL STORIES

SATURDAY FEBRUARY 8

Animals actually write their life story as they walk through snow and mud leaving their tracks behind. Learn to “read the small print” as we decipher animal tracks and unravel secrets of mammals’ lives, and travels.

Time: 2:00-3:30pm

Fee: \$5/person, includes materials

Registration deadline Feb. 7



MAMMAL WORKSHOP

SATURDAY FEBRUARY 15

Rarely seen or heard, like proverbial “good children”, most mammals lead mysterious nocturnal lives secreted by a veil of darkness. Become fascinated by foxes, mesmerized by moles, spellbound by flying squirrels, captivated by cats and otterly amazed with weasels! Discover which group comprises 1/4 of all mammals.

Time: 2:00-4:00pm

Fee: \$4/person

Registration deadline Feb. 14



MAPLE SUGARING

Saturday February 22

Enjoy the first sweet taste of spring by tapping native Big Leaf Maples. Learn the art of boiling down sap into syrup as we hike through Camp Long’s “sugarbush”.

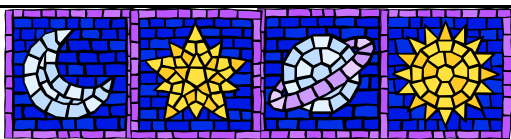
Time: 2:00-3:30pm

Fee: \$3/person

Registration deadline Feb. 21



ARTS & SCIENCE CLASSES



RECYCLED GLASS MOSAICS

2 Sunday Afternoons

January 26: 1:00-4:00 pm—Design, layout & adhere

February 2: 1:00-3:00 - Grouting

Registration deadline Jan. 17

Learn to make beautiful mosaics from bits of recycled glass. Make a garden stepping stone! Take home a masterpiece and the skills to make more treasures, like bird baths, table tops and trays!

Time: 1:00 pm-variable (see below)

Fee: \$50 /person materials included

Ages: Adults and kids 10+up with adult



"LIVING GREEN"

SUSTAINABLE GARDENING,
LANDSCAPING AND BUILDING
WORKSHOPS

Check out what's going on in the Piper's Creek Watershed of North Seattle & learn more about ways to support a clean environment through a series of Free Workshops and Classes in Gardening, Landscaping and Home Remodeling. Ask the experts, and take home great handouts to get you started or to continue your efforts towards a clean, green home, community and environment. Check out the website at www.phinneycenter.org/classes.shtml

PINE NEEDLE BASKETS

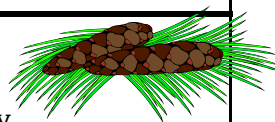
Thursday January 16

Dexterous fingers weave tiny beautiful baskets or earrings. Learn an art of the ancients as we craft pine needle baskets in the fashion of tribes of the pine woods. Discover that it's a "bundle" of fun to learn to identify pines.

Time: 7:00-9:00pm

Fee: \$10/adult

Registration deadline Jan. 15



POWDER ROOM CHEMISTRY

Saturday February 8

Create elegant soaps, luscious lip balm, and fantastic bath fizzies to treat yourself or give to your Valentine sweetie. Learn a little saponification science and bath fizzle chemistry too!

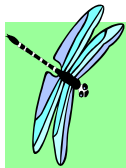
Time: 10:00-noon

Fee: \$10/adult (includes materials)

Ages: Adults and kids 8 and up
accompanied by adult

Registration deadline Feb. 1st.





Camp Long Nature Center Environmental Education Programs for School, After-school & "Scout" Groups



Grades K-6 Program Length: 1.5 hours
 Times*: 10:00-11:30 and 12:30-2:00pm
 Each program meets EALRs for grade level
 Raingear available free of charge * negotiable
Programs are adapted for each grade
 Fee: \$60/15 students (raptors, glacier & watershed are more)

Raptors-Hunters on the Wing year-round
 How do owls fly silently? Just how good is eagle-eye vision? And how can owls hear mice under the snow? **Dissect owl pellets**, constructing food chains. Hike through the forest searching for roosts and learning owl calls. **\$75**



Discovering Wild Plants P year-round
 Which animals find stinging nettle delicious? What tree can cure scurvy? How did local tribes use cedar? Learn secrets of plants in a program that grows on you! Program emphasis varies according to EALRs by grade and teacher request. **plant growth, ethnobotany, trees, plant identification, edible/poisonous plants fall leaf color**-October only



Incredible Insects P May-October
 Bizarre, wonderful, and incredibly fascinating insects live right outside your school-door! Learn the weird life stories of beetles, dragonflies, bees, true bugs and all their 6-legged relatives. Students **use butterfly and sweep nets, hand lenses and field microscopes** to catch and identify insects. Bugs will be released, except for a select few that may be taken back to the classroom for further study.



Forest Explorers P year-round
 From slimy slugs to clever foxes, all life in the forest is inter-dependent. Students explore the forest, learning woodland ecology through **hands-on experiments and discovery**. Emphasis may be adapted to meet teacher's needs.



Exploring a Watershed year-round
 An exciting all day field trip! Hike the woods to Longfellow Creek exploring life in the forest, pond & salmon stream. 10:00am-1:30pm \$95/15 students



Peering into Polliwog Pond April-October
 Delve into the depths of aquatic entomology and discover monstrous dragonfly nymphs, fairy-like mayflies, voracious water bugs and the salamander larvae that eat them. Students will **use nets and field microscopes** to catch and identify pond life, gaining an understanding of developmental metamorphosis of animals and the importance of wetlands.



Birdwatching P year-round
 Meet our *Corvus*, our live crow— a wild bird up close! Learn about avian characteristics and adaptations for flight. Hike through forest and meadow looking and listening for birds and searching for their nests. Students will learn proper **use of binoculars**, study stuffed bird specimens and learn local bird songs.



Beach Life (low tide days April-August)
 Explore the **intertidal zone** at Mee Kwa Mooks beach (about 1 mile west of Camp Long). Students learn the challenges of life in the tide zone and adaptations animals use to survive. Get to know crabs, seastars, nudibranchs and how they live.

Rock Glacier Rappelling year-round
 Fee \$150/15 children
 Come join us at Camp Long's rock glacier for some fun in learning basic rappelling skills. This program is taught on Camp Long's rock slabs (artificial glacier). Students will work closely with two climbing instructors to develop introductory technical skills of rappelling, climbing safety, safety equipment use, and knot tying. This will be a boost to self-confidence, responsibility, and trust. The program is two hours long and can accommodate a maximum of 15 students. If it's raining alternate programming provided. **Schurman Rock is closed and under repair.**



P =Programs also available at these parks:

Deadhorse Canyon, Fauntleroy, Genese Meadow
 Lincoln, Pritchard Beach, Schmitz, Westcrest

Search for Spiders



September-October

Discover fascinating, beautiful spiders in the fields and meadows of Camp Long. Learn spider science, how webs are constructed; and meet some arachnid relatives. In addition to **wild native spiders & pseudoscorpions**, students will get to pet our **live tarantula**.

Salmon Homecoming

November



Greet **returning Chum Salmon** in Longfellow Creek! Students learn about salmon life-cycle in our Wonder Lab and spend time streamside watching spawning salmon.

Northwest Mammals



November-February

Get to know the native and more common mammals of our state. Class inside the Wonder Lab includes **examination of study skins, mounts and skulls**. Discussions center on adaptations and natural history of each species, followed by a hike through the forest in search of mammal sign and tracks.

Where They Go in Winter

November-February

Discover adaptations for winter in plants and animals through **study in the Wonder Lab** next to a cozy fire. Where do the frogs and insects go? How do birds survive the cold? What animals hibernate and which ones migrate? Then bundle up for an investigation of Camp Long's woods in winter

Wildlife Tracking

November-March

Who goes there? Animal footprints in the mud or snow tell a detailed story of animal lives. Learn to decipher the stories animals write in their own hand (and feet) by becoming a track detective. Class in the Wonder Lab includes **making plaster prints** and solving "what happened here?" stories, followed by a hike in search of tracks and sign.

Maple Sugaring



January and February

Students learn the history, importance and techniques of maple tapping and how to boil down sap into syrup in the Wonder Lab beside a cozy fire. Then it's off into the sugarbush to learn to identify and **tap big-leaf maples**, with a final stop at the sugarshack to see the boil-down process.

Pre-school Programs

Day Care Groups & Pre-Schools

1 hour programs

Fee \$40/10 children



Animal Homes

year round

Search for nests, holes and homes in forest and field. Discover what animals live at Camp Long and maybe even find a few at home in the woods. Kids get to use giant magnifiers.

Creep with the Crawlies



May-October

Spy out spiders, chase butterflies and hold beetles. Learn about the lives and habits of all kinds of "bugs" and discover they're not so creepy after all. Kids get to use nets.

Poking in the Pond



April-October

Dip for salamanders, frogs and exciting water bugs! Learn what animals just live in the pond when they are kids, and who spends their whole life underwater. Wear boots.

Search for Spiders



September-October

Discover fascinating, beautiful spiders in the fields and meadows of Camp Long. Learn how spiders differ from bugs and examine pretty webs. Then pet our **live tarantula**!

How to Register for Classes:

Our phones are extremely busy, so we suggest e-mailing your questions and registration to Camp Long at

camplong@ci.seattle.wa.us

School registration phone: **684-7479**



Naturalist Strolls

Duwamish Waterfront

Thursday January 23
10:00-11:30am

Free: Register by Jan 21.

This pocket of green space alongside Kellog Island hosts river otters, muskrats, shorebirds, ducks and kingfishers; we're sure to see some of them. Bring binoculars and dress for the weather.

Meet at Camp Long.

Schmitz

Thursday February 20
10-11:30am

Free: Register by Feb. 18

Old-growth forest shelters its residents from the winter winds. Enjoy the ancient trees and imagine how the restored ravine will look in the 24th century.

Meet on the bridge at Admiral Way and 56th Ave SW.

SKULKING FOR SALAMANDERS

Saturday February 15

Stroll through the woods peeking under logs for glimpses of glistening salamanders. If it's rainy, we may spot them on their way to the pond.

Time: 2:30 – 4:00pm

Fee: \$3/person

Register by Feb. 13th.

CALLING COURTING OWLS

Saturday February 15

Stroll through the woods by the light of the full moon, listening for owls. Great Horneds have been courting for a month now. Come hear whooo's serenading whoooooom in the twilight woods.

Time: 5:30-7:00pm

Fee: \$4/person

Register by Feb. 13th



Winter Tot Walks

Explore the wonders of nature with your 3-6 year-olds. Discover life in the forest, ponds and beaches. Be sure to dress for the weather and wear boots that can get wet and muddy. **We will be going outside.** If the weather is nasty, we'll spend some time inside by a nice warm fire making nature crafts.

Times: Thursdays at 10:30am*

Dates: Jan 9, 23, & Feb 13, 27

Fee: \$5/adult and \$2/child

Registration required by noon on Wednesday, the day before program.

Please, no more than 2 tots per adult.

Phenology* Walks

IN DECEMBER, JANUARY, & FEBRUARY

What flower blooms so early that it's still winter? When do salamanders converge on Polliwog Pond to breed? Learn to take nature notes, creating a useful calendar of floral and faunal changes by taking note of seasonal changes with a naturalist.

*Phenology is the study of nature's calendar.

Sat. January 25

10-1130 am

Sat. February 22

10-1130 am

Fee: \$3/person

Register by the Friday before each date.

WILD WASHINGTON FIELD TRIPS



BIRDING ON THE SAMISH AND SKAGIT FLATS SATURDAY JANUARY 11

Winter is the outstanding time for bird-watching in the Samish & Skagit valleys. Swans, Merlins, Kestrels, Rough-legged Hawks, Harriers and Gyrfalcons can be seen. Peruse ponds afloat with ducks, scan fields for Snowy or Short-eared Owls, and enjoy thousands of stunning black & white Snow Geese whirling overhead! Dine at the Wild Bird Seed Restaurant.



Time: 7:30am—late afternoon

Fee: \$35/person includes transportation, snack, and use of binoculars & scope.

Register by January 8th.

BALD EAGLE FESTIVAL SATURDAY FEBRUARY 1

Join the flock from Camp Long for this annual expedition to the Skagit to view one of winter's spectacles! In the morning, view hundreds of eagles feasting on spawning salmon and visit the Rockport Bald Eagle Center. In the afternoon enjoy the Eagle Festival; local food, crafts, and conservation speakers. Get close-up looks at eagle nests and live raptors from Sarvey Wildlife Rehabilitation Center. On the way home see Trumpeter Swans at Johson DeBay Swan Reserve.

Departs: 7:00am sharp

Returns: ~7:00pm (depending upon weather and traffic)

Fee: \$45/person includes transportation, use of binoculars & scope.

If you have them, bring spotting scopes and cameras.

Register by January 15



NATURE IN WINTER SKI TRIP FRIDAY FEBRUARY 7 THRU SUNDAY FEBRUARY 9



Spend a snowy weekend in the beautiful Cascade mountains. Cross country ski or snowshoe and discover animal tracks, winter birds and revel in spectacular scenery. Learn to build an igloo too! Snug in our cozy lodge by the fire at night. We'll study tracks, winter botany or relax. If it snows, we'll collect and preserve snowflakes. And if it's clear at night, we can stargaze. Call for more details. All ages welcome!

Departs: Camp Long Friday at 2:00pm

Returns: Sunday late afternoon

Fee: \$140/person; includes transportation, lodging, classes, and homemade meals.



SEATTLE'S PEREGRINE FALCONS SATURDAY FEBRUARY 8

Join bird of prey expert Martin Muller in search of the fastest bird in the world. We'll likely find Bald Eagles, Merlins and Red Tailed Hawks too, as well as a few ducks, loons and grebes. Dress warm and be prepared to stand in one spot. Bring binoculars and a spotting scope if you have one.

Time: 8:00am-noon

Fee: \$6/person—kids who enjoy birdwatching are welcome

Register by Feb. 6



e-mail your registration for classes to camplong@ci.seattle.wa.us

Plan a *Wild* Camp Long Party!



NIGHT Parties



*Experience Nature at Night
The nightlife is wild at Camp Long!*

Round up your family and friends and rent a cozy Camp Long cabin! Enjoy a crackling campfire at your cabin or in the Lodge fireplace. Watch flying squirrels at their woodland feeders, keep your eyes peeled for wily red foxes, hunt for salamanders and listen for owls.

Schedule a naturalist program for the night:

- night hikes through the forest
- campfire talks and sing-a-longs

Cabins can sleep up to 12 people. Rental includes hot showers, kitchen use, your own campfire stove and water at each cabin. Private campfire rings are nearby most cabins.

Fees: \$85/night Includes Cabin rental and a 1 1/2 hour naturalist program.



Birthday Parties



Celebrate your child's birthday in the great outdoors with a Camp Long Nature Party!



Cakes from Borracchini's bakery!
Homemade ice-cream from Husky Deli!
Fee: \$150 for up to 15 kids. Includes nature program, cake, ice-cream and decorations.

Choose from these great themes!

Nature Scavenger Hunt

Search the forest and fields for natural treasures, deciphering clues along the way. Collect your treasures and make a collage to take home.

Animal Homes/Tracking

Who goes there? Animal footprints in the mud or snow tell a detailed story of animal lives. Learn to decipher the stories animals write with their own hands (and feet) by becoming a track detective. Class in the Wonder Lab includes making plaster or ink prints and solving "What happened here?" stories. Followed by a hike in search of tracks, signs, nests, holes and homes in the forest and the field.

Hunters on the Wing

How do owls fly silently? Just how good is eagle-eye vision? And how can owls hear mice under the snow? Dissect owl pellets and reconstruct food chains. Hike through the forest searching for roosts and learning owl calls. (Add \$25 for cost of owl pellets)



Longfellow Creek Winter Happenings
Call Sheryl at 233-2046 for more information

Share Your Memories! We are looking for West Seattlites who grew up, played or worked near Longfellow Creek to share creek and neighborhood memories to be used in a community history project. Please call Sheryl at 233-2046 for more information and to schedule some time for a personal interview to be conducted beginning in January.

Longfellow Creek Watershed Council Come learn about, connect with and support community activities and other projects in the Watershed. Recent topics have explored the High Point Redevelopment Project, Pro Parks Levy work, the Longfellow Creek Website, and outreach to schools and organizations. Next meeting: Tues, Jan.7, 6:45-8:30pm. Location TBD.
Education Committee: Interested in getting out the message about caring for the creek? Help design interpretive signage for the Legacy Trail. Wed., Jan.22 Time TBD.

Longfellow Creek Legacy Trail Join us as we prepare the Parks open space site east of Chief Sealth High School for a potential P-Patch, sensory garden, outdoor classroom and trail. Meeting Tues., Jan. 14, 6:30-8:30.

Stewardship opportunities: It's planting season! Help plant and take care of creekside vegetation. Bring your family and neighbors! Come once or become a Creek Steward and watch as you transform a site over time! (We provide training and tools)
Roxhill Park, 2nd Saturday of the month
SW Thistle/Chief Sealth site: Sat., Feb 22
Others sites along the creek by request.

Creek tours and presentations for groups: Tours and indoor presentations available for schools, organizations, groups of neighbors, families and other interested folks! Find out what's happening with the creek and how you can help at home, your business or school.





Call Jacinta 684-7434

The Volunteer Pages

We have a job for you!

fun *Satisfaction* friends food
community



Office Skills?

Voice-mail Transcriber

Volunteer needed to come in for about 2 hours one morning per week to listen to voice messages and transcribe them. We will train you.

Phone Receptionist

Volunteer wanted to help answer calls. We'll train, so you can answer questions about the park, rentals and nature programs.

Like people?

Front Desk Receptionist

Volunteer wanted to help greet folks and answer questions at the front desk. We'll train.

Out and about?

Flyer Distributor

Volunteer needed on a monthly basis to distribute flyers, advertising Camp Long programs, to West Seattle businesses. We provide flyers, tape and a map of businesses.

Brochure Distributor

Volunteer needed 4 times per year, mid-month of February, May, August and November to take stacks of Camp Long quarterly brochures to south Seattle libraries, Y's and schools. We provide the list and map.

Computer Skills?

Fun Data Entry—Do you like to type?

Volunteer needed to help enter book titles from Camp Long's library into an existing Access program; and to help with keeping program attendance statistics.

Scanner

Volunteer needed to scan pictures into the computer for use in brochures, flyers, and our website. Some experience using a scanner desirable, but we can train.

Artistic with Computer Skills?

Digital Photographer

Volunteer needed to take digital photos of nature programs in action, selected plants and animals. Skill in composition and use of a digital camera required. Great perk—you get to attend programs free!

Internet Enthusiast

Volunteer wanted to peruse nature clipart and create computer files of images useful for brochures, flyers and our website.

Artistic?

Illustrator

Volunteer with artistic talent and drawing ability wanted to create line drawings of native plants and animals for brochure.

Laminator

Volunteer wanted to help laminate pictures used in teaching. Flexible schedule. We will train.

Love Nature Books?

Librarian

Volunteer needed to help organize Camp Long Library. General knowledge of nature will be helpful. We will work with you to create a library system that works well for Camp Long.

Like to cook?

Assistant Cooks

Cook's helpers needed to help chop, stir, set table, wash dishes, at special events at Camp Long.

Like to bake?

Home Bakers

Enthusiastic bakers wanted to bake goodies for bake sales, field trips and hungry volunteers.

Work outdoors?

Ivy Leaguers

Volunteers needed to rip out invasive ivy. Provides a great workout and tension reliever!

Trailblazers

Volunteers needed to help keep trails groomed, chipped and passable.

Like to garden?

Trailside Gardeners

Volunteers needed to help plant native wildflowers, shrubs and trees along trails in the park.

To volunteer, call us at 684-7434 or e-mail us at camplong@ci.seattle.wa.us

Service Learning Opportunities

Students, you can earn service learning hours at Camp Long! We have lots of fun projects to choose from. Work outside and learn about habitat restoration; work inside or out, learning how to create dynamic displays on nature topics of your choice. Call 684-7434 for information.

CAN YOU HELP?

Can you donate your time and skills and help us with these special tasks? Thanks!

- ◆ wood routed signs
- ◆ make phone calls
- ◆ make copies
- ◆ distribute flyers

Please call us at 684-7434.

Tell the Teacher!

Got kids? Tear out page 14/15 and give it to your child's teacher, scout or campfire leader, and recommend they register for a Camp Long group program! Thanks!

EAGLE SCOUTS



WANTED!

Continue in the grand tradition! Do your Eagle Scout project at Camp Long! We need scouts with carpentry talents to **build bookshelves** in our library, and make rustic **wood-routed signs** for Camp Long's Library, Camp Kitchen, Wonder Lab, etc. Another great eagle project is to **rebuild the stairs by the rock glacier**. Call 684-7434.

Volunteer Artisans

Join this group of *crafty* folks to learn new crafts, have fun, make friends and help Camp Long. We meet once a month and work on craft projects to sell in the Camp Store. If you are interested in joining us, get your name on the list for a reminder call each month. Volunteer Artisans meet
3rd Tuesday of each month
7:00-9:00pm
Call to check on meeting status

Shopping Here Helps Camp Long

Next time you're grocery shopping at **PCC**, or buying cool nature stuff at **Science Art & More**, remember Camp Long. Both of these businesses share their profits with educational institutions. At Science Art & More, on 6417 Roosevelt Way NE, tell the clerk, and a percentage of your sale will go into Camp Long's account. At PCC, have your receipt stamped 1% for Education; then bring, or mail them to Camp Long. Thanks!



Help Us Volunteer!

We need your help this season! Many programs require volunteer help. It's fun, social, and low-stress; so call Jacinta to sign up 684-7434.

We would LOVE YOUR HELP!

Set down roots--*leave* a living legacy at Camp Long. Plant a tree-Showy Pacific Dogwood, Vibrant Vine Maple or stately Madrone. Give a gift of nature for your birthday celebrations or as a living memorial. Call 684-7434 for local gene-stock nursery information.
"Leave your mark"



MAIL-IN REGISTRATION FORM FOR ALL CAMP LONG PROGRAMS

Mail your registration and check to.....

**Camp Long 5200 35th Avenue Southwest, Seattle Washington 98126
(206) 684-7434. Please make checks payable to Camp Long Advisory Council.**



Registrant Name/Address	Phone	Age	Program	Date	Fee	Do you want to join Friends of Camp Long? It's tax deductible
						____ yes for \$15/yr.
						____ yes for \$30/yr.
						____ lifetime \$100
Check out page 2 for additional information about program registration & cancellation policies and procedures.						

Method of Payment: ☐Check ☐Visa ☐Mastercard

Full name on the card _____ Expiration date:_____

Card number: _____ Office Use: Receipt #_____

Total Enclosed



Presrtd Std
US Postage
PAID
Seattle, WA 98109
Permit #900



Visit Camp Long ~ It's not just for kids anymore!

You can e-mail your registration to camplong@ci.seattle.wa.us